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Titolo	Anxiety // Cheryl Winning Ghinassi
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Edizione	[1st ed.]
Descrizione fisica	1 online resource (xvii, 156 pages) : illustrations
Collana	Biographies of disease
Disciplina	616.85/22
Soggetti	Anxiety disorders
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based on print version record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Pictures of anxiety -- Anxiety through the ages: pre-history to the 1800s -- The development of modern approaches to anxiety -- The what, who, and how of anxiety disorders -- The biology of anxiety disorders -- Assessment and diagnosis -- Treatment of anxiety disorders -- Future directions.
Sommario/riassunto	Anxiety disorders are significant mental health illnesses that impair lives and cost society millions of dollars in health care expenses and lost productivity. Greater awareness of anxiety disorders is essential for both the general public and health professionals if those who suffer from them are to be identified, receive proper treatment, and have a chance at leading fulfilling lives.  To that end, Anxiety begins with a historical overview of the ways in which anxiety disorders have been understood, from the prehistoric era until the present time, examining the disorders from the perspective