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Autore	Burgener Sandy <1947->
Titolo	A personal guide to living with progressive memory loss // Sandy Burgener and Prudence Twigg
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2007
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Edizione	[1st ed.]
Descrizione fisica	1 online resource (162 p.)
Altri autori (Persone)	TwiggPrudence <1956->
Disciplina	616.8/3
Soggetti	Memory disorders - Prevention
Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	What progressive memory loss means to you: claiming the diagnosis -- Maintaining personhood -- Maintaining important roles in your life -- Understanding the stigma of progressive memory loss: managing your responses to the behaviors of others -- Communicating with others -- Staying active and functional -- Staying physically healthy: managing physical illnesses -- Medications, and self-care needs -- Staying mentally healthy: managing memory loss and impaired thinking -- Finding hope.
Sommario/riassunto	'A Personal Guide to Living with Progressive Memory Loss serves as a commitment to inclusive education and is a landmark self-help book that focuses on the needs of the person with the diagnosis. It expands what is currently offered to people with memory loss in a sensitive and contemporary way. A must have for every memory clinic and health and human service agency.' - Linda L. Buettner, Professor at the University of North Carolina at Greensboro, Alzheimer's Association Early Stage Task Force. 'This book empowers people living with dementia, signposting hope, choice and a life to be lived.