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Autore	Newman Sarah <1963->
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Nota di contenuto	Stepping Out: Using Games and Activities to Help Your Child with Special Needs; Contents; Dedication; Acknowledgements; Introduction; 1 Everyday Life; Think of your own needs too; Look after relationships within your extended family; Family scripts; Meeting other parents of children with special needs; Diagnosis; Dealing with other people's reactions; Make full use of services and benefits available; Dealing with Professionals from health, education and social services; Think Positively; 2 What Everyone Needs to Know; Introduction; Knowing your child; Expectations; Motivating your child Create the right environmentHow to go about tackling new skills; Issues affecting children with special needs; Follow your child; 3 Cognitive Development; The theory; Games and activities; 4 Language Development; The theory; Language issues and games and activities; 5 Physical Development; Gross motor skills; The theory; Games and activities; Fine motor skills; The theory; Games and activities; Craft ideas; Cooking; Gardening; 6 Sensory Development; The theory; Vision; Hearing; Taste; Touch; Smell; Sensory awareness; Games and activities; Vision; Hearing; Taste; Touch; Smell

Sensory Awareness7 Social Development; The theory; Games and activities; 8 Emotional Development; The theory; Games and activities; 9 Additional Practical Advice; Behaviour; Sleep; Toilet training; 10 Education; Choosing a school for your child; Getting the best out of your child's education; How schools provide additional support for children with special needs; 11 Financial and Practical Support; Financial support; Transport; Equipment; Respite care; 12 Resources; Bibliography; Voluntary organisations offering support for parents of children with special needs  
Suppliers of toys and equipment for children with special needsIndex

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## Sommario/riassunto

Stepping Out provides parents and carers with practical advice, and fun games and activities to improve a child's skills in the six areas of development: cognitive; physical; sensory; language; social and emotional. The book also outlines the stages of child development so parents can place their child's progress in context.

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