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Altri autori (Persone)	AllensworthDiane DeMuth
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Nota di contenuto	Introduction. Background of the study : the current context for school health programs : the comprehensive school health program : major issues and questions considered by the committee : organization of the remainder of this report -- Evolution of school health programs.

Historical overview : the comprehensive school health program : summary -- Education. The role of physical education in comprehensive school health programs : the role of health education in comprehensive school health programs : summary of findings and conclusions : recommendations -- School health services. Introduction : overview of basic school services : extended services : research on school health services : matching level of services to needs : confidentiality of students' health and education records : financing of school health services : first steps for a community in establishing school services : summary of findings and conclusions : recommendations -- Building the infrastructure for comprehensive school health programs. The national infrastructure : the state and local infrastructure : summary of findings and conclusions : recommendations -- Challenges in school health research and evaluation. Overview of research and evaluation : methodological challenges : challenges and future directions for school health education research : summary of findings and conclusions : recommendations -- The path to the future. The unique position of the school : moving school health programs into the future : aAn investment in the future : concluding remarks.

Sommario/riassunto

Schools and Health is a readable and well-organized book on comprehensive school health programs (CSHPs) for children in grades K-12. The book explores the needs of today's students and how those needs can be met through CSHP design and development. The committee provides broad recommendations for CSHPs, with suggestions and guidelines for national, state, and local actions. The volume examines how communities can become involved, explores models for CSHPs, and identifies elements of successful programs. Topics include: The history of and precedents for health programs in schools. The state of the art in physical education, health education, health services, mental health and pupil services, and nutrition and food services. Policies, finances, and other elements of CSHP infrastructure. Research and evaluation challenges. Schools and Health will be important to policymakers in health and education, school administrators, school physicians and nurses, health educators, social scientists, child advocates, teachers, and parents.
