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Titolo	Be a changemaster : 12 coaching strategies for leading professional and personal change // Karla Reiss
Pubbl/distr/stampa	Thousand Oaks, California : , : Corwin, , [2012] 2012
ISBN	1-4522-8367-2 1-5063-3575-6 1-4522-7977-2
Descrizione fisica	1 online resource (xviii, 187 pages)
Collana	Gale eBooks
Disciplina	371.201
Soggetti	School personnel management Educational leadership Organizational change Self-actualization (Psychology)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	<p>""COVER""; ""BE A CHANGEMASTER""; ""CONTENTS""; ""PREFACE""; ""Purpose""; ""Who Should Read This Book""; ""Background""; ""How to Use This Book""; ""Universal Application""; ""Three Main Reasons to Buy This Book""; ""Special Features""; ""ACKNOWLEDGMENTS""; ""Publishers Acknowledgments""; ""ABOUT THE AUTHOR""; ""INTRODUCTION""; ""The Coaching Change Connection: The Inside-Out Approach""; ""A Coaching Approach""; ""What Comprises a Coaching Style of Leadership?""; ""Evidence of Coaching Effectiveness""; ""The Challenge of Change""; ""Become a CHANGEMASTER""</p> <p>""CHAPTER 1: CHALLENGE ASSUMPTIONS"" ""Challenge Those Assumptions""; ""How Assumptions Hold Us Back""; ""Assumptions Become Reality""; ""Thinking for Success""; ""Change Your Thoughts at Any Time""; ""How to Challenge and Banish Assumptions""; ""Tips for Success""; ""Summary""; ""CHAPTER 2: HAVE A HIGHER PURPOSE""; ""Why Purpose and Happiness Matter""; ""What Is Your Mission?""; ""It's Not About the Soap""; ""What Legacy Will You Leave Behind?""; ""Finding Meaning in Work and Life""; ""Leading Yourself and Others to Discover</p>

Their Higher Purpose"; "Finding Joy"
 "Your Life's Compass: Creating a Personal Mission Statement"; "A Word About Courage"; "Tips for Success"; "Summary"; "CHAPTER 3: AWARENESS OF LIMITING THOUGHTS"; "What Are Limiting Thoughts?"; "Managing Limiting Thoughts and Beliefs"; "The Power of Choice"; "How to Change Limiting Thoughts to Expanding Thoughts"; "Step 1: Creating Awareness of Limiting Thoughts"; "Step 2: Notice the Frequency"; "Step 3: Create a Turnaround Statement"; "Step 4: Repeat Often"; "A Formula for Freedom"; "Direct Your Brain to Change"; "Tips for Success"; "Summary"
 "CHAPTER 4: NIX THE NEGATIVES AND NAYSAYERS"; "Be Wary of Your Words"; "How We Connect"; "Confronting Negatives and Naysayers"; "Be a Better Listener"; "Practical Ways to Nix the Negatives"; "Reframing: A Powerful Skill"; "When People Won't Budge"; "Cultivating Optimism"; "Tips for Success"; "Summary"; "CHAPTER 5: GATHER A GROUP"; "Why Gather a Group?"; "An Inspiring Example"; "Asking for Help"; "How to Ask for Help"; "A Coaching Approach to Leading Groups: a€œI Have a Group. Now What?a€?"; "How to Coach Groups"; "Two Group Coaching Models"
 "Many People, Common Goal"; "Many People, Different Goals"; "Successful Group Coaching"; "Benefits of Group Coaching"; "Challenges"; "Tips for Success"; "Summary"; "CHAPTER 6: EMOTIONALLY CONNECT TO THE GOAL"; "How to Create an Emotional Connection to Your Goal"; "Step 1: Become More Comfortable With Emotions"; "Step 2: Shift From Head to Heart"; "Step 3: Name Those Emotions"; "Step 4: Surround Yourself With Encouragement (optional but helpful)"; "The Mind, Body, and Goal Connection"; "Tips for Success"; "Summary"; "CHAPTER 7: MAINTAIN MOMENTUM"
 "Coaching to Action"

Sommario/riassunto

'Be a Changemaster' is a practical guide for school and district leaders that provides 12 strategies for overcoming resistance to change. Unlike more theoretical books, this text shows how to adopt a coaching style of leadership as a systemic change strategy.

2. Record Nr.	UNINA9910961058003321
Autore	Institute For Advanced Study
Titolo	A community of scholars : impressions of the Institute for Advanced Study // with photographs by Serge J-F. Levy
Pubbl/distr/stampa	Princeton, N.J., : Princeton University Press, 2012
ISBN	1-283-33978-1 9786613339782 1-4008-3979-3
Edizione	[Course Book]
Descrizione fisica	1 online resource (129 pages) : illustrations
Altri autori (Persone)	LevySerge J-F
Disciplina	001.40974967
Soggetti	Education Education, Higher Social sciences Universities and colleges - United States New Jersey Princeton
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Frontmatter -- Contents -- A Paradise for Scholars? / Goddard, Peter -- The Institute for Advanced Study -- Eighty Years On / Atiyah, Michael -- Historical Times / Kowalzig, Barbara -- Warmth amid the Cold / David, Chantal -- Unusual Business / Lepenies, Wolf -- Essential Exchanges / Fulcher, Jane F. -- Looking for Leaders / Dyson, Freeman -- Shaping Time / Moravec, Paul -- The Interlocutors / Scott, Joan Wallach -- Night Owls and Early Birds / Weinberg, David H. -- Index of Photographs -- Biographies
Sommario/riassunto	This beautifully illustrated anthology celebrates eighty years of history and intellectual inquiry at the Institute for Advanced Study, one of the world's leading centers for theoretical research. Featuring essays by current and former faculty and members along with photographs by Serge J-F. Levy, the book captures the spirit of curiosity, freedom, and comradeship that is a hallmark of this unique community of scholars. Founded in 1930 in Princeton, New Jersey, the institute encourages and supports fundamental research in the sciences and humanities--the original, often speculative thinking that can transform how we

understand our world. Albert Einstein was among the first in a long line of brilliant thinkers to be affiliated with the institute. They include Kurt Gödel, George Kennan, J. Robert Oppenheimer, Erwin Panofsky, Homer A. Thompson, John von Neumann, and Hermann Weyl. This volume offers an intimate portrait in words and images of a storied institution that might best be described as a true academic village. The personal reflections collected here--written by leading figures from across the disciplines--bring this exceptional academic institution and its history vibrantly to life. The contributors to this anthology are Michael Atiyah, Chantal David, Freeman Dyson, Jane F. Fulcher, Peter Goddard, Barbara Kowalzig, Wolf Lepenies, Paul Moravec, Joan Wallach Scott, and David H. Weinberg.
