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Nota di contenuto	Intro -- PSYCHOLOGY OF SADNESS -- PSYCHOLOGY OF SADNESS -- CONTENTS -- PREFACE -- GRIEF, GRIEVING AND BEYOND: LIVED EXPERIENCE AMOUNG SPOUSES/COHABITANTS OF PERSONS WITH BIPOLAR AFFECTIVE DISORDER -- ABSTRACT -- INTRODUCTION -- GRIEF OVER LOSS -- PERSPECTIVES ON THE NATURE OF GRIEF -- CONTRADICTING VIEWS OR "DOUBLE OPTIC"? -- SPOUSES/COHABITANTS' SUFFERING EXPERIENCING PARTNERS' STRUGGLE WITH MENTAL ILLNESS -- GRIEF, GRIEVING AND BEYOND: SPOUSES/COHABITANTS' EXPERIENCES -- GRIEF, GRIEVING AND BEYOND: A THEORETICAL UNDERSTANDING -- GRIEF, GRIEVING AND BEYOND: PERSPECTIVES ON CARE PRACTICIES -- CONCLUSION -- REFERENCES -- KING OF SORROW: PERCEPTION AND EXPERIENCE OF SADNESS IN MUSIC -- ABSTRACT -- INTRODUCTION -- MUSIC AS A SOURCE OF EMOTIONS -- COMPONENTS AND MODELS OF EMOTIONS -- SADNESS IN THE FIELD OF AFFECTIVE SCIENCES -- SADNESS HAS AN ADAPTIVE FUNCTION AND UNIVERSAL CHARACTERISTICS -- EXPERIENCE OF SADNESS IS EMBODIED, CONSOLING AND CATHARTIC -- MUSIC AND SADNESS IN CLINICAL CONTEXT -- BIASED EMOTIONAL RECOGNITION IN DEPRESSION -- EXPRESSION AND REGULATION OF EMOTIONS THROUGH MUSIC THERAPY -- CASE EXAMPLE 1: SOFIA'S JOURNEY FROM REPRESSED ANGER AND HATE TO RECONCILIATION -- CASE EXAMPLE 2: SARA AND LIFTING THE VEIL OF DEPRESSION -- FROM DEFENSIVE STATE TO PLAYFUL STATE: SARA'S CASE --

CONCLUSION -- REFERENCES -- Lyrics -- GRIEF, DEPRESSION AND PREGNANCY -- ABSTRACT -- MEASURING GRIEF AND DEPRESSION IN THE PERINATAL PERIOD -- Depression -- Grief -- HOW OFTEN ARE CASE LEVELS OF MAJOR OR MINOR DEPRESSION ENCOUNTERED IN PREGNANCY? -- Depression -- History of an Affective Disorder -- Male Partners -- HOW OFTEN DO SYMPTOMS OF DEPRESSION OR GRIEF APPEAR AS A RESULT OF PREGNANCY LOSS? -- Pregnancy Loss and Depression -- Pregnancy Loss and Grief -- Influence of Gestational Age at Loss on Grieving -- Do Fathers Grieve Pregnancy Loss?. How Long Do Symptoms of Grief Persist? -- MODULATORS AND PREDICTORS OF RISK FOR GRIEF AND DEPRESSION ASSOCIATED WITH PREGNANCY OR PREGNANCY LOSS -- Depression -- Grief -- THE POTENTIAL DIAGNOSTIC OR PREDICTIVE USE OF MATERNAL CORTISOL LEVELS -- IS "TRAUMATIC GRIEF" A BETTER DESCRIPTION OF THE DISTRESS SUFFERED BY WOMEN AFTER PREGNANCY LOSS? -- MEASURING TRAUMATIC GRIEF -- TREATMENT OF DEPRESSION IN PREGNANCY OR POSTPARTUM -- Psychotherapy -- Light Therapy -- Antidepressants -- Abrupt Discontinuation Syndrome -- TREATMENT FOR TRAUMATIC GRIEF -- WHAT ARE THE GOALS OF TREATMENT? -- ACKNOWLEDGMENTS -- REFERENCES -- CHILDREN'S KNOWLEDGE OF THE INTERPERSONAL CONSEQUENCES OF SADNESS -- ABSTRACT -- CHILDREN'S KNOWLEDGE OF THE INTERPERSONAL CONSEQUENCES OF SADNESS -- METHOD -- Participants -- Materials -- Procedure -- Assessment Criteria -- RESULTS -- Children's Language Receptive Skills -- Children's Understanding of the Stories -- Children's Knowledge of How People Respond to Sadness Expressions -- Children's Knowledge of What People Think and do While Seeing other People Expressing or Hiding Sadness -- DISCUSSION -- REFERENCES -- APPENDIX -- Story 1 for Expressed Sadness -- Story 1 for Hidden Sadness (Neutral Face) -- Story 2 for Expressed Sadness -- Story 2 for Hidden Sadness (Masking Smile) -- COMBAT VETERANS AND THE SEARCH FOR MEANING: VOICES FROM THE BATTLEFIELD? -- ABSTRACT -- INTRODUCTION -- CONCEPTUAL FRAMEWORK -- HYPOTHESIS AND RESEARCH QUESTIONS -- REVIEW OF THE LITERATURE -- METHODOLOGY -- RESULTS AND ANALYSIS -- GLOBAL MEANING -- CONCLUSION -- REFERENCES -- INDEX.

Sommario/riassunto

In this book, the authors present current research in the study of the psychology of sadness. Topics discussed include the grieving process and living with persons with bipolar affective disorder; depression and pregnancy; children's knowledge of the consequences of expressing sadness; the themes of sadness and frustration among returning combat veterans; and the perception and experience of sadness in music.
