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Sommario/riassunto	Is there a theory that explains the essence of consciousness? Or is consciousness itself just an illusion? The 'last great mystery of science', consciousness is a topic that was banned from serious research for most of the last century, but is now an area of increasing popular interest, as well as a rapidly expanding area of study for students of psychology, philosophy and neuroscience. This ground-breaking textbook by best-selling author Susan Blackmore was the first of its kind to bring together all the major theories of consciousness studies, from those based on neuroscience to those based