

1. Record Nr.	UNINA9910959979503321
Autore	Peters Josephine Grant
Titolo	After the first full moon in April : a sourcebook of herbal medicine from a California Indian elder / / Josephine Grant Peters and Beverly R. Ortiz ; including contributions from Cheryl Beck ... [et al.] ; Karuk plant names by James A. Ferrara
Pubbl/distr/stampa	Walnut Creek, CA, : Left Coast Press, c2010
ISBN	1-315-43529-2 1-61132-792-X
Edizione	[1st ed.]
Descrizione fisica	1 online resource (222 p.)
Altri autori (Persone)	BeckCheryl OrtizBev
Disciplina	615.321089970794 979.4/1004975 979.41004975
Soggetti	Herbs - Therapeutic use - California Indian women healers - California Karuk Indians - Medicine - California Karuk Indians - California - Social life and customs Karuk women - California
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Contents; Preface; Acknowledgments; Spirit People; The Peppernut; The Peppernut Story; 1. A Life Well Lived; 2. Gathering Ethics; 3. Herbal Medicines and Native Plant Foods; 4. The Plants; 5. Non-herbal Cures; Endnotes; References; Plant Index; Medical Conditions Index; Subject Index
Sommario/riassunto	In this extraordinary book Josephine Peters, a respected northern California Indian elder and Native healer, shares her vast, lifelong cultural and plant knowledge. The book begins with Josephine's personal and tribal history and gathering ethics. Josephine then instructs the reader in medicinal and plant food preparations and offers an illustrated catalog of the uses and doses of over 160 plants. At a time of the commercialization of traditional ecological knowledge,

Peters presents her rich tradition on her own terms, and according to her spiritual convictions about how her knowledge should

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