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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	A Short Introduction to Promoting Resilience in Children; A short introduction; Prologue; Chapter 1: Understanding Resilience; Chapter 2: Biological Influences: Arousal; Chapter 3: Psychological Influences: Attachment; Chapter 4: Environmental Influence - Needs-Provision; A short conclusion; Glossary of Terms; About the Author; Endnotes; Index
Sommario/riassunto	This book provides a succinct, accessible and clear guide on how to promote resilience in children and achieve positive developmental outcomes for them. The author covers three key factors that affect resiliency: vulnerability to stress and anxiety, attachment relationships, and access to basic needs.