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Nota di contenuto	Intro -- Community-Based Health Interventions -- Contents -- Tables, Figure, and Exhibit -- Preface -- Acknowledgments -- The Authors -- Part 1 Introducing Community-Based Interventions -- Chapter1 Improving Health in Community Settings -- Learning Objectives -- Overview -- Defining Community -- Place Can Define a Community -- Communities Defined by a Shared Concern -- Ecological Theory and Levels of Prevention -- Ecological Theory Applied to Community-Based Intervention -- Prevention Efforts Focused on the Community -- Examples of Community-Based Interventions by Levels of Prevention -- Summary -- Key Terms -- Activity -- Discussion Questions -- Chapter 2 A Brief History of Community-Based Health Interventions -- Learning Objectives -- Overview -- Community-Based Health Interventions: An Instrument for Change -- The Rationale for Developing Community-Based Interventions -- Principles and Assumptions of Early Community-BasedHealth Interventions -- Early Community-Based Health Interventions -- Asessing The Evidence From Early Community-Based Health Interventions -- The Evolution of Community-Based Health Interventions -- Improving Community Capacity to Plan Community-Based Health Interventions -- Improving Existing Strategies and Developing New Ones -- Improving Methods for Evaluating Community-BasedHealth Interventions -- Summary -- Key

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## Sommario/riassunto

Community-Based Health Interventions covers the skills necessary to change health in a community setting through the reduction of disease, disease conditions, and risks to health, as well as create a supportive environment for the maintenance of the behavior changes. The first

section provides background information about why interventions in communities are important, the history of several major community interventions, ethical issues in the design and implementation of interventions and the different types of interventions. The second section covers planning and activities needed to complete an intervention, along with the theoretical basis of interventions. The third section shows how to assess the needs and strengths of a particular community, gain community support, define the goals of an intervention and get started. This section also contains information on obtaining material and financial support and on strategies for continuing the intervention beyond its initial phase. The final section examines current work and problems encountered as well as projecting future trends. Each chapter includes practice exercises or activities useful to students learning to develop interventions at the population or community level, such as public health, social work and nursing.

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