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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. The search for causes -- pt. 2. The search for solutions.
Sommario/riassunto	Incidence of BED appears to be on the increase. Treating it, and overcoming it, is all the more difficult, especially for those living in a culture that has an intense body image focus. A Clinician's Guide to Binge Eating Disorder educates the reader about its triggers and behaviours - and describes steps to treat it and resume a full and productive life. Evidence-based research outcomes provide the framework and foundation for this book.?? First-person case studies bring application of this science to life to help close the gap between research and treatment/care, and the imp