

1. Record Nr.	UNINA9910959482503321
Autore	Plummer Deborah
Titolo	Helping children to cope with change, stress and anxiety : a photocopiable activities book // Deborah M. Plummer ; illustrations by Alice Harper
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley, 2010
ISBN	9786612767319 9781282767317 1282767313 9780857003669 0857003666
Edizione	[1st ed.]
Descrizione fisica	1 online resource (146 p.)
Altri autori (Persone)	HarperAlice
Disciplina	155.418 649.4
Soggetti	Anxiety in children Stress management for children Change Play therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Being there: interacting mindfully -- Skills for life -- Coping with change -- Coping with stress -- Coping with anxiety -- Moving on.
Sommario/riassunto	Plummer offers over 100 activities aimed at helping children to build emotional resilience. With a mixture of short, snappy activities and longer guided visualizations, these exercises are suitable for use with individuals or groups, and many are appropriate for use with children with complex needs or speech and language difficulties.

2. Record Nr.	UNICAMPANIAVAN00030784
Autore	Cassell, Elizabeth
Titolo	Studying the law : the law students' handbook / Elizabeth Cassell
Pubbl/distr/stampa	London, : Old Bailey, 2001
ISBN	18-583-6431-0
Descrizione fisica	ix, 289 p. : ill. ; 25 cm.
Disciplina	340.071141
Soggetti	Lingua inglese - Terminologia giuridica
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia