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Autore	Ioachimescu Octavian C
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Sommario/riassunto	Contemporary Sleep Medicine in an Ebook series specifically created for a wide audience readers Interested in Sleep medicine. It is divided into two parts - one for patients or simple readers and another for Physicians or advanced readers. The set of Ebooks explores new research grounds for sleep disorders. These include novel methodologies for epidemiological research and strategies for curing individuals who suffer from sleep disorders. The volumes seek to update interested readers on the latest advances in the uncharted territory of sleep medicine.