

1. Record Nr.	UNINA9910786368803321
Autore	Anderson Christopher G
Titolo	Canadian liberalism and the politics of border control, 1867-1967 [[electronic resource] /] / Christopher G. Anderson
Pubbl/distr/stampa	Vancouver, : UBC Press, 2012
ISBN	0-7748-2394-1
Descrizione fisica	1 online resource (281 p.)
Disciplina	325.7
Soggetti	Noncitizens - Civil rights - Canada Canada Emigration and immigration Government policy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Four Notes on the Text -- Introduction: Reconsidering the Control/Rights Nexus -- 1 The Study of Liberal-Democratic Control over International Migration -- 2 The Liberal Internationalist Foundations of Canadian Control (1867-87) -- 3 The Expansion of Liberal Nationalism in Canada (1887-1914) -- 4 The Domination of Liberal Nationalism in Canada (1914-45) -- 5 A New Era of Human Rights (1945-52) -- 6 The Return of Liberal Internationalism in Canada (1952-67) -- 7 Contemporary Canadian and Comparative Concerns.
Sommario/riassunto	Since 9/11, Canada's reputation as an inclusive country that takes in immigrants and refugees has been clouded by restrictive immigration policies, increased interdiction, and the detention of asylum seekers. Moreover, public debate over the arrival of non-citizens -- especially those seeking entry through unofficial channels -- is now often framed within a security discourse that is used to justify a more restrictive approach. These developments are not surprising in the current context, but as Anderson illustrates, they are also nothing new. Canadian Liberalism and the Politics of Border Control sheds light on the long and complex history of Canada's efforts to control its borders. Framing pivotal moments within a long-standing but often overlooked debate over the rights of non-citizens, Anderson demonstrates that today's more restrictive approach reflects traditions deeply embedded within liberal democracies. His insights into Canadian immigration and refugee history offer valuable lessons for understanding the nature of

contemporary liberal-democratic control policies.

2. Record Nr.	UNINA9910957979003321
Autore	Weinstein Sharon
Titolo	B is for balance : 12 steps toward a more balanced life at home and at work // Sharon M. Weinstein
Pubbl/distr/stampa	Indianapolis, IN : , : Sigma Theta Tau International, , 2015
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xxi, 311 pages)
Disciplina	610.7306/9
Soggetti	Nurses - Job stress - Prevention Stress (Psychology) - Prevention Nurses - Psychology Nurses - Job satisfaction Quality of life Time management Work-life balance Nurses - psychology Burnout, Professional - prevention & control Nurse's Role - psychology Workload - psychology Quality of Life Burnout, Professional
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di contenuto	Introduction -- Part I-Balancing by Knowing and Appreciating Self -- Chapter 1-Knowing Your Purpose -- Chapter 2-Simplify Your Life -- Chapter 3-The Wages of Stress -- Chapter 4-Focus and Begin to Dream Again -- Chapter 5-Get Engaged . . . In Your Life -- Chapter 6-Putting Technology In Its Place: The Effect of Connectivity and Social Media -- Part II-Finding and Keeping Balance -- Chapter 7-Fatigue -- Chapter 8-Workplace Balance -- Chapter 9-Sleepless, and Not Just in Seattle --

Chapter 10-Be Happy, Eat Well, Get Moving, Live Longer, and Live Well
-- Chapter 11-Reinventing Yourself: Becoming More of You -- Chapter
12-Destiny in the Balance -- Appendix-26 Principles of Life -- Index.

Sommario/riassunto

B is for Balance is about the individual nurse – the professional, the multi-tasker, the 'be all things to all people' leader. While the first edition of B is for Balance was well-received and has been a great resource to nurses and other professionals, the second edition has been updated to focus on 12 steps to balance, including engagement, focus, sleep deficits, fatigue, diet, re-inventing one's career, and the need for each of us to live longer and to live well.
