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Sommario/riassunto	While most recent studies of Nietzsche's works have lost sight of the fundamental question of the meaning of a life characterized by inescapable suffering, Bernard Reginster's book The Affirmation of Life brings it sharply into focus. Reginster identifies overcoming nihilism as a central objective of Nietzsche's philosophical project, and shows how this concern systematically animates all of his main ideas.