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Titolo	Expression and control of the pain body // Ferenc Margitics
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ISBN	1-62100-443-0
Edizione	[1st ed.]
Descrizione fisica	1 online resource (101 p.)
Collana	Psychology of emotions, motivations and actions Pain and its origins, diagnosis and treatments Novinka
Disciplina	152.1/824
Soggetti	Pain - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [85]-87) and index.
Nota di contenuto	Emotions and pain body -- Psychometric characteristics of the pain body expression scale -- Psychometric characteristics of the pain body control scale -- Methodology -- Research of the pain body -- Pain body and the new spiritual consciousness -- Pain body and the differential emotions -- New spiritual consciousness and the differential emotions -- Pain body and the anger expression -- New spiritual consciousness and the anger expression -- The pain body expression scale -- Use of the pain body expression scale -- The pain body control scale -- Use of the pain body control scale.
Sommario/riassunto	This book discusses how all emotional pains suffered by the individual remain a part their unconscious for the rest of their life. All negative emotions, emotional suffering that the individual refuses to face, leave a mark in their unconscious. It is particularly difficult to be faced with, as well as to treat, powerful negative emotions in childhood. Such unprocessed emotional pains constitute the foundations of Pain Body. Apprehension, hatred, self-pity, remorse, rage, depression, envy, etc. are all manifestations of the Pain Body. This book develops measuring instruments that may serve as an aid in the recognition of the manifestation of the Pain Body, and also shows the degree of control over the Pain Body.