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Altri autori (Persone)	NyklicekIvan TemoshokLydia VingerhoetsAd
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Lying and self-deception in health and disease / Charles V. Ford -- The social sharing of emotion : illusory and real benefits of talking about emotional experiences / Bernard Rime, Gwenola Herbette and Susanna Corsini -- Theoretical mechanisms involved in disclosure : from inhibition to self-regulation / Melanie A. Greenberg and Stephen J. Lepore -- Emotion suppression and cardiovascular disease : is hiding feelings bad for your heart? / Iris B. Mauss and James J. Gross -- The Reality Escape Model : the intricate relation between alexithymia, dissociation, and anesthesia in victims of child sexual abuse / Peter Paul Moormann, Bob Bermond and Francine Albach -- Worry, perseverative thinking and health / Jos F. Brosschot and Julian F. Thayer -- Different concepts or different words? concepts related to non-

expression of negative emotions / Bert Garssen and Margot Remie --
 Alexithymia : 25 years of theory and research / Graeme J. Taylor --
 Emotional intelligence and physical health / Alison Woolery and Peter
 Salovey -- The repressive coping style and avoidance of negative affect
 / Lynn B. Myers and Nazanin Derakshan.
 Psychological mindedness : a new index to assess a major emotion-
 focused coping style / Johan Denollet and Ivan Nyklicek -- The
 Stanford Emotional Self-efficacy Scale - cancer : reliability, validity, and
 generalizability / Janine Giese-Davis ... [et al.] -- Attachment
 representation and affect regulation : current findings of attachment
 research and their relevance for psychosomatic medicine / Carl Eduard
 Scheidt and Elisabeth Waller -- Children's conception of the emotion
 process : consequences for emotion regulation / Hedy Stegge ... [et al.]
 -- Emotional information processing in boys with disruptive behavior
 disorders / Bram Orobio de Castro, Willem Koops and Mark Meerum
 Terwogt -- Crying, catharsis, and health / Suzanne Stougie, Ad
 Vingerhoets and Randolph R. Cornelius -- Femininity, masculinity and
 the riddle of crying / Agneta H. Fischer ... [et al.] -- The heart of the
 actor : let it all out or keep a healthy distance? / Elly A. Konijn -- Non-
 expression of emotion and self among members of socially stigmatized
 groups : implications for physical and mental health / Janel D. Sexton
 and James W. Pennebaker.

Sommario/riassunto

Emotional Expression and Health looks at the role emotional
 expression and inhibition may play in staying healthy or falling ill.
 Written by leading experts in the field, chapters focus on: * how we can
 measure emotional expression or inhibition and how we can distinguish
 between their various facets * the role of attachment, and development
 of emotional information processing* alexithymia, emotional
 suppression, deception, emotional disclosure, defensiveness,
 repression, psychological mindedness, and emotional intelligence and
 self-efficacy. This unique approa
