

1. Record Nr.	UNINA9910956824303321
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Titolo	Involving young people in teenage pregnancy and sexual work : a practical guide // Ellie Lewis
Pubbl/distr/stampa	London, : National Children's Bureau Enterprises, 2006
ISBN	9786613583499 9781280488269 1280488263 9781907969669 1907969667
Edizione	[1st ed.]
Descrizione fisica	1 online resource (84 p.)
Disciplina	304.63 306.8743 362.198200835209425
Soggetti	Teenage pregnancy Teenagers - Sexual behavior
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Cover; Acknowledgements; Foreword by Children's Commissioner for England; Foreword by young peer mentor; Contents; 1. Introduction; Background; Who is this guide for?; What does it contain?; Age range; Examples of positive practice; What do we mean by participation?; Why involve young people?; Benefits of involving young people; Who is responsible for young people's participation?; Building a culture of participation; Starting the journey; 2. Key principles for effective participation; Be clear about young people's involvement; Be flexible; Be committed to acting on young people's views Make participation enjoyable Ensure broad representation; Consider young people's access needs; Create a safe and healthy environment; Provide incentives for young people; Provide young people with feedback; Celebrate young people's achievements; Evaluate and build on young people's involvement; 3. Participation methods and approaches; Helping young people to make informed decisions; Involving young people in the design and delivery of services; Involving young people in

staff training; Involving young people in staff recruitment; Involving young people in policy and planning  
Involving young people in advisory groups and boards  
Involving young people in conferences and events; Involving young people in the media;  
4. Creating the conditions for effective participation; Your starting point; Support from the top; Training and support for staff; Financial considerations; Working together; 5. Directory of partners in participation; 6. References and further information

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Sommario/riassunto

Including practical advice and illustrative examples, this is a guide for managers and commissioners of teenage health services

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