

1. Record Nr.	UNINA9910956126303321
Titolo	Beyond goals : effective strategies for coaching and mentoring / / edited by Susan David, David Clutterbuck, David Megginson
Pubbl/distr/stampa	London : , : Routledge, , 2016
ISBN	1-4724-0167-0 1-317-17473-9 1-315-56920-5 1-317-17472-0 1-4094-1852-9
Descrizione fisica	1 online resource (378 p.)
Altri autori (Persone)	ClutterbuckDavid DavidSusan A MegginsonDavid <1943->
Disciplina	158.3
Soggetti	Goal (Psychology) Mentoring Personal coaching
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"A Gower book"--cover. First published 2013 by Gower Publishing.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	""Cover""; ""Contents""; ""List of Figures""; ""List of Tables""; ""About the Editors""; ""Notes on Contributors""; ""Foreword""; ""Preface""; ""Acknowledgements""; ""Reviews of Beyond Goals""; ""List of Abbreviations""; ""1 Goals: A Long-term View""; ""2 Goals in Coaching and Mentoring: The Current State of Play""; ""3 Researching Goals in Coaching""; ""4 New Perspectives on Goal Setting in Coaching Practice: An Integrated Model of Goal-focused Coaching""; ""5 Self-determination Theory Within Coaching Contexts: Supporting Motives and Goals that Promote Optimal Functioning and Well-being"" ""6 A Social Neuroscience Approach to Goal Setting for Coaches""""7 Putting Goals to Work in Coaching: The Complexities of Implementation""; ""8 The Coaching Engagement in the Twenty-first Century: New Paradigms for Complex Times""; ""9 Goal Setting: A

Chaos Theory of Careers Approach"'; "'10 When Goal Setting Helps and Hinders Sustained, Desired Change"'; "'11 The Goals Behind the Goals: Pursuing Adult Development in the Coaching Enterprise"'; "'12 GROW Grows Up: From Winning the Game to Pursuing Transpersonal Goals"'; "'13 Goals in Mentoring Relationships and Developmental Networks"'; "'14 Emergent Goals in Mentoring and Coaching"'; "'15 Goal Setting in a Layered Relationship Mentoring Model"'; "'16 Working With Emergent Goals: A Pragmatic Approach"'; "'17 The Way Forward: Perspectives from the Editors"'; "'Index'"

Sommario/riassunto

What is there in developmental relationships beyond setting and striving to achieve goals? The presence of goals in coaching and mentoring programs has gone largely unquestioned, yet evidence is growing that the standard prescription of SMART, challenging goals is not always appropriate - and even potentially dangerous - in the context of a complex and rapidly changing world. Beyond Goals advances standard goal-setting theory by bringing together cutting-edge perspectives from leaders in coaching and mentoring. From psychology to neuroscience, from chaos theory to social network theory, the co
