

1. Record Nr.	UNINA9910956007903321
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Titolo	Worried sick : a prescription for health in an overtreated America / / Nortin M. Hadler
Pubbl/distr/stampa	Chapel Hill, : University of North Carolina Press, c2008
ISBN	979-88-9313-053-9 979-88-908438-0-7 0-8078-8617-3 0-8078-8271-2 1-4696-0223-7 0-8078-8618-1
Edizione	[1st ed.]
Descrizione fisica	1 online resource (392 p.)
Collana	H. Eugene and Lillian Youngs Lehman series
Disciplina	362.10973
Soggetti	Medical care - United States Medical policy - United States Older people - Medical care - United States Medical care - Utilization - United States Health care reform - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"A Caravan book"--T.p. verso.
Nota di bibliografia	Includes bibliographical references (p. [311]-353) and index.
Nota di contenuto	The Methuselah complex -- The heart of the matter -- Risky business : cholesterol, blood sugar, and blood pressure -- You are not what you eat -- Gut check -- Breast cancer prevention : screening the evidence -- The beleaguered prostate -- Disease mongering -- Creakiness -- It's in your mind -- Aging is not a disease -- Working to death -- "Alternative" therapies are not "complementary" -- Assuring health, insuring disease.
Sommario/riassunto	At a time when access to health care in the United States is being widely debated, Nortin Hadler urges that before we commit to paying for whatever pharmaceutical companies and the medical establishment tell us we need, American consumers need to adopt an attitude of skepticism and arm themselves with enough information to make some of their own decisions about what care is truly necessary. Each chapter

of Worried Sick is an object lesson regarding the uses and abuses of a particular type of treatment, such as mammography, colorectal screening, statin drugs, or coronary stents. By learning to
