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Titolo	Integrative psychotherapeutic approaches to autism spectrum conditions : working with hearts of glass / / David Moat
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2013
ISBN	9780857007506 0857007505
Descrizione fisica	1 online resource (160 p.)
Disciplina	616.85/882
Soggetti	Autism spectrum disorders - Treatment Autism spectrum disorders in children - Treatment Psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Acknowledged, accepted, and embraced -- Integrative psychotherapeutic principles -- ... and breathe! -- Social coaching -- Goals and targets -- Beyond words -- Using play and creativity in therapy -- Hypnotherapeutic techniques -- Imagery and story-making -- Anger -- Anxiety -- Loss and bereavement -- Positive life planning -- New developments -- Appendix : historical influences on psychotherapy for autism.
Sommario/riassunto	David Moat shows that counselling and emotional support is not only possible for people on the autism spectrum, but essential. He describes the impact of autism on emotional regulation, looks at how various therapeutic principles can be applied to address these issues and identifies strategies for dealing with common emotional difficulties.