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Nota di contenuto	Front Matter -- Contents -- Illustrations -- Preface -- Note on Translation -- Introduction -- The Quest for Liberation in Indian Religions -- Setting the Stage for Siddh Go -- The N�ath Tradition and Hath-Yoga -- Guru N�anak: Doctrine, Hagiography, and History -- The Context of Siddh Go -- The Meaning of Guru N�anak's Siddh Go -- Guru N�anak's Worldview: Theory and Practice -- Renunciation and Social Involvement in Siddh Go -- Siddh Go Discourse to the N�ath Yogis, An English Translation -- Discourse to the N�ath Yogis, An English Translation -- Notes -- Glossary of Punjabi Terms -- Bibliography -- Index
Sommario/riassunto	The Socially Involved Renunciate is an in-depth analysis and an original English translation of the Siddh Gos, a fundamental philosophical text of the Sikh tradition. The work reflects the distinctive worldview of Sikhism, the only major Indian religion that does not regard asceticism as a legitimate path to liberation. Composed by Guru Nnak, a medieval, north Indian saint-poet and venerated founder of the Sikh tradition, the

Siddh Gos is a dialogue between Guru Nnak and several Nth yogis who had been pursuing a rigorous path of hath-yoga as renunciates of the material world. Through their dialogue, Guru Nnak teaches the Nth yogis a spiritual path that also includes involvement in the social world and offers a practical way to achieve liberation. In *The Socially Involved Renunciate*, Kamala Elizabeth Nayar and Jaswinder Singh Sandhu provide background on Sikhism, highlight the ethical teachings expounded in the Siddh Gos, and demonstrate how Guru Nnak reconciles the polarities of the ascetic and householder ideals.
