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Space; 4.12 Express yourself; 4.13 Worry map
4.14 Self-esteem - what is it? 4.15 Expressing emotions; 4.16 Stress out; 4.17 Stress gallery; 5. Exploring Values and Attitudes; 5.1 First impressions; 5.2 To be a man; 5.3 Word bag; 5.4 Gender rules activity; 5.5 Acceptable/unacceptable; 5.6 What's in a name; 5.7 Jobs for the boys; 5.9 Images; 5.8 Men in the news; 5.10 Positive relationships; 6. Taking Risks; 6.1 Risky behaviour; 6.2 Crime sheet; 6.3 Alcohol value maps; 6.4 Would have/should have; 6.5 The truth, the whole truth...; 6.6 How safe is safe?; 6.7 Sexual health myth or fact?; 6.8 What happened next?; 6.9 Personal safety
6.10 Follow the crowd 7. Working Together; 7.1 Fill the bottle; 7.2 Pass the peanut; 7.3 Rip it up!; 7.4 Blindfold trust game; 7.5 Don't fall in; 7.6 Pass the sound; 7.7 The sun shines on...; 7.8 Jigsaw trial; 7.9 Peg it!; 8. Endings; 8.1 Evaluation tree; 8.2 Personal assessment; 8.3 Chain reaction; 8.4 Appreciation web; 8.5 Positive steps; 8.6 Treasured comments; 8.7 Evaluation shields; 8.8 Evaluation questionnaire; 8.9 Action planning; 8.10 Evaluation wall; 8.11 Video diary; USEFUL WEBSITES

Sommario/riassunto

Working with Young Men offers a wealth of positive group activities to engage, motivate and meet the needs of young men. Designed to help them improve their self-esteem and develop leadership skills, this book is full of fun and imaginative activities that explore issues such as anger, peer pressure, risk-taking and emotional health and well-being.
