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Evidence-based therapies used in parenting interventions

IntroductionPsychodynamic theory; Client-centered therapy; Personal Construct Theory; Cognitive Behavioral Therapy; Self-efficacy theory; Family systems theory; Bringing it all together: four basic assumptions; 5. Practitioner expertise: understanding how to deliver evidence-based parenting support; Introduction; Understanding the needs and values of parents; Recruiting and engaging parents; What makes a parenting intervention effective?; Supervision and coaching; What makes a good parenting practitioner?; Points to remember; 6. Developing and monitoring evidence-based parenting services

IntroductionOutcome-focused services; Service planning and evaluation; Commissioning and conducting evaluations; Understanding costs; Monitoring the impact of parenting services; Developing an evaluation strategy; Points to remember; 7. Evidence-based commissioning and implementation of parenting support for community change; From the clinic to the community: disseminating evidence-based parenting support; Developing a 'portfolio' of evidence-based parenting support; Outcome-focused commissioning; Implementing evidence-based parenting interventions; Points to remember

8. Moving the agenda forwardPast achievements and future challenges; Evidence-based parenting support is necessary; Evidence-based parenting work is rewarding; Moving forward; Conclusion; Acronyms; Glossary; References; Author index; Subject index

Sommario/riassunto

The Evidence-based Parenting Practitioner's Handbook provides a comprehensive overview of the knowledge necessary to effectively deliver evidence-based parenting interventions within community and health settings. Using clear examples of how this knowledge can inform frontline work with parents, this practical handbook includes:an overview of the policy context underpinning evidence-based parenting work in the US, UK, Australia and Norwaya discussion of how a robust evidence base is established and the ways in which practitioners can acces
