

1. Record Nr.	UNINA9910955188103321
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Titolo	A self-determined future with Asperger syndrome : solution focused approaches / / E. Veronica Bliss and Genevieve ; foreword by Bill O'Connell
Pubbl/distr/stampa	London, : Jessica Kingsley Publishers, 2008
ISBN	9786611143251 9781281143259 1281143251 9781846426858 1846426855
Edizione	[1st ed.]
Descrizione fisica	1 online resource (162 p.)
Altri autori (Persone)	EdmondsGenevieve
Disciplina	616.85883206
Soggetti	Asperger's syndrome - Patients - Rehabilitation Solution-focused therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front Cover; A Self-Determined Future with Asperger Syndrome: Solution Focused Approaches; Contents; ACKNOWLEDGEMENTS; SPECIAL NOTE; FOREWORD; ChapterOne Introduction; Chapter Two Solution Focused Approaches: Philosophy and Techniques; Chapter Three Autistic Characteristics and Solution Focused Therapy; Chapter Four Putting it all Together; Chapter Five Solution Focused Approaches in Everyday Life; Chapter Six Seven People and a Social Group; Chapter Seven Practical Resources; INDEX;
Sommario/riassunto	A Self-Determined Future with Asperger Syndrome presents an empowering, practical approach to helping people with Asperger Syndrome (AS) to succeed at college, at work, at home and in life. The authors highlight how treating AS as a 'problem' is unproductive, and advocate a solution focused approach which recognizes and uses the strengths of people with AS to foster mutual respect and understanding. Drawing on both their personal experience and knowledge of counselling, the authors use anecdotes and stories to show how people with AS cope in day-to-day situations. They also

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