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Titolo	Managing self harm : psychological perspectives // edited by Anna Motz
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Edizione	[1st ed.]
Descrizione fisica	1 online resource (247 p.)
Altri autori (Persone)	MotzAnna <1964->
Disciplina	616.85/82 616.8582
Soggetti	Self-mutilation Self-destructive behavior
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di bibliografia	Includes bibliographical references (pages [219]-220) and index.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Contributors; Acknowledgements; Introduction; Part 1 Understanding self-harm; Chapter 1 Self-harm as a sign of hope; Chapter 2 The paradox of self-harm; Part 2 The wider context: Systemic issues and self-harm; Chapter 3 `Why do you treat me this way?': Reciprocal violence and the mythology of `deliberate self-harm'; Chapter 4 The trap: Self-harm and young people in foster care and residential settings; Chapter 5 Self-harm and attachment; Part 3 Women and self-harm; Chapter 6 Speaking with the body Chapter 7 Absences, transitions and endings: Threats to successful treatmentChapter 8 Self-harm in women's secure services: Reflections and strategies for treatment design; Chapter 9 Self-harm cessation in secure settings; Conclusion: `If you prick us do we not bleed?'; Further reading; Index
Sommario/riassunto	Self-harm often arises at moments of despair or emotional intensity, and its reasons are not necessarily available to the conscious mind. Managing Self-Harm explores the meaning and impact of self-harm,

and the sense in which it is a language of the body. It is designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment. Each chapter integrates theory with clinical illustration, enabling the direct experiences of those who self-harm to be heard and reflecting the populations that are most likely to self-harm

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