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| Disciplina              | 616.8914086914  |
| Soggetti                | Political refugees - Counseling of<br>Political refugees - Mental health<br>Post-traumatic stress disorder - Treatment<br>Refugees - Counseling of<br>Refugees - Mental health  |
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| Nota di bibliografia    | Includes bibliographical references and index.  |
| Nota di contenuto       | Acknowledgments. Part I - Setting the Scene: Openings and Engagements. 1 Who and what this book is for. 2 Counselling, psychotherapy and the refugee experience. 3. Assessment, suitability and adaptation. Part II - The Refugee's Experience. 4 Political level. 5. Cultural level. 6. Interpersonal level. 7. Intrapsychic level. Part III - The Therapist's Experience. 8. Political level. 9. Cultural level. 10. Interpersonal level. 11. Intrapsychic level. Part IV - Essential Additions: Completing the Picture. 12 Working with interpreters. 13. Advocacy - protection, asylum and welfare rights. 14 Summary. Appendix A: Further Reading. Appendix B: Resources. Index. |
| Sommario/riassunto      | This book is to help counsellors and psychotherapists understand and engage with the experiences of persecution, violence and exile often faced by refugees. It offers a flexible approach to the special circumstances of displaced and traumatized clients from different cultural and political backgrounds.   |

