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Nota di contenuto	Book Cover; Title; Contents; List of Figures; Acknowledgements; Illustration Acknowledgements; Introduction; An Historical Perspective on the Purposes of Physical Education; Contemporary Physical Education: Aims, Objectives and Purposes; The Extent of the Affective Dimension in Physical Education; From Theory into Practice: What Really Happens in Schools; Responsibility, Personal, Social and Moral Education, and Citizenship: Is This Physical Education for the New Millennium?; The 'Once and Future' Subject: Some Current Issues in Physical Education; Conclusion; References; Index
Sommario/riassunto	This book sets out to celebrate physical education and sport, and by doing so, encourage the educational establishment to embrace the subject area as a vehicle for the complete development of the individual. In addition, it shows that the benefits of physical activity far outweigh the shallow claims of populous magazines - there are benefits for the individual, the community and for society as a whole. Laker contends that the importance of physical education and sport in many areas of social life has been overlooked at best, and misused at

worst. Physical activity has a vast contribution to
