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Titolo	Widow to widow : how the bereaved help one another / / Phyllis R. Silverman
Pubbl/distr/stampa	New York, : Brunner-Routledge, 2004
ISBN	1-135-93780-X 1-55561-226-1 1-135-93781-8 1-280-11180-1 0-203-02097-9
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (282 p.)
Collana	Series in death, dying, and bereavement
Disciplina	306.88
Soggetti	Widows - United States Widows - United States - Psychology Bereavement Self-help groups - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Theoretical perspectives on grief and helping -- Widows and widowers : gender differences -- Grief as a time of loss and change : the nature of transition -- Help in a mutual help context -- On helping -- Could this really be happening to me? -- Uncertainty : what will happen next? -- Looking to the future : the fruits of help -- Parenting alone : widowed with dependent children -- The older widowed.
Sommario/riassunto	Widow to Widow shares the experiences of widows who have found comfort and continuity in mutual-help and community support programs. In the second edition of her pioneering text, Phyllis Silverman brings the success of the original widow-to-widow program into the 21st century, preparing a new generation of community leaders, clergy, counselors, hospice staff, social workers, and the widowed themselves to organize and implement mutual-help programs.