

1. Record Nr.	UNINA9910953947303321
Titolo	Nutritional biochemistry of space flight // Scott M. Smith ... [et al.]
Pubbl/distr/stampa	New York, : Nova Science Publishers, c2009
ISBN	1-61728-553-6
Edizione	[1st ed.]
Descrizione fisica	1 online resource (222 p.)
Collana	Space science, exploration and policies series
Altri autori (Persone)	SmithScott M. <1963->
Disciplina	613.202/462945
Soggetti	Astronauts - Nutrition
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Space programs and space food systems -- Nutritional requirements -- Sources of nutrition data and gaps in nutrition knowledge -- Food, energy, and macronutrients -- Fat-soluble vitamins -- Water-soluble vitamins -- Minerals -- Nutritional issues for extravehicular activity -- Antioxidants -- Supplements -- Nutrient-drug interactions -- Looking forward.
Sommario/riassunto	Besides covering a broad range of issues relating to space nutrition, this book presents the knowledge of nutritional biochemistry of space flight that has resulted from five decades of space life sciences research and operations.