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Titolo	New directions in aging research : health and cognition / / Ruby R. Brougham, editor
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Collana	Aging issues, health and financial alternatives series
Altri autori (Persone)	BroughamRuby R
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Health factors and cognitive aging / Robert Krikorian -- Adult BMI and dimensions of psychological well-being : the role of gender / Jamila Bookwala and Jenny Boyar -- Dyadic intervention for persons with early-stage dementia : a cognitive rehabilitation focus / Maureen Schmitter-Edgecombe ... [et al.] -- Living well with MCI : behavioral interventions for older adults with mild cognitive impairment / Adriana M. Seelye ... [et al.] -- Multidimensional pain assessment in geriatric oncology : an innovative approach / Chih-Hung Chang -- Health literacy and older adults : understanding cognitive and emotional barriers / Lisa Sparks and Ruby R. Brougham -- Age differences in response to time pressures on information processing during decision making / Mitzi Schumacher and Joy M. Jacobs-Lawson -- Future time perspective : health, income, and age / Ruby R. Brougham and Richard S. John -- Goals for retirement : content, structure and process / Douglas A. Hershey and Joy M. Jacobs-Lawson.
Sommario/riassunto	One of the greatest challenges of the 21st century is global aging. A primary objective of this book is to review research that is at the forefront in providing information regarding the decline, maintenance, and improvements in health and cognition that are associated with age. Another objective is to provide information regarding pioneering methods to ameliorate age-related declines. It brings together scholars with a wide variety of expertise who present innovative ideas about lifestyle and brain health, quality of life issues, memory interventions,

methodology for pain assessment, health communication, decision-making, future time perspective, and retirement goals. The reader will finish this book with a greater understanding of the problems and potential solutions for addressing the important problems of an aging population. This timely book will make an important contribution to the current aging literature by offering new ideas to stimulate further research and application in understanding health, cognition, and aging. This book is appropriate for advanced undergraduate students, graduate students, and professionals who study or work in the fields of psychology, gerontology, social work, human development and health fields such as nursing, physical therapy, and occupational therapy.
