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CHAPTER FIFTEEN Relational healing of early affect-confusion
CHAPTER SIXTEEN Introjection, psychic presence, and Parent ego states: considerations for psychotherapy; CHAPTER SEVENTEEN Resolving intrapsychic conflict: psychotherapy of Parent ego states; CHAPTER EIGHTEEN What do you say before you say goodbye? Psychotherapy of grief; CHAPTER NINETEEN Nonverbal stories: the body in psychotherapy; CHAPTER TWENTY Narcissism or the therapist's error?; REFERENCES; INDEX

Sommario/riassunto

"The introduction and the twenty-one chapters in this book reflect the ongoing development and refinement of Relational and Integrative Psychotherapy. Each chapter amalgamates ideas from several theoretical frame works: Client-Centred Therapy, Gestalt Therapy, Transactional Analysis, Contemporary Psychoanalysis, and Psychoanalytic Self-Psychology, as well as inter-subjective and co-creative perspectives. The theory of 'Life Script' serves as a unifying theme to elaborate the concepts of unconscious experience, attachment and relational patterns, the essentialness of contact-in-relationship, and the centrality of relational-needs in the practice of psychotherapy. This book begins with eight philosophical assumptions essential in the practice of a relational psychotherapy. Integrated throughout the chapters is a sensitivity to both normal developmental processes and the psychological compensations that occur when there has been prolonged neglect and psychological trauma. Several case presentations illustrate the use of phenomenological and historical inquiry, developmental and rhythmic attunement, and the importance of therapeutic presence."--Provided by publisher.
