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Collana	Principles of...
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Note generali	Revision of the author's: Thorsons principles of Chinese herbal medicine, 1997. Includes index.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- How did Chinese herbal medicine develop? -- What is it like to visit a herbalist and take herbs? -- Chinese medical theory -- Patients' stories -- The herbs and the formulas -- How can I help myself? -- So how do I find a herbal practitioner?.
Sommario/riassunto	This book presents an authoritative introduction to Chinese herbal medicine. Covering everything from important Chinese herbs and their properties to which ailments they can treat most successfully to what to expect from a consultation, the book provides readers with all the key information about the theory and practice of this medical system.