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Introductory information for therapists -- Assessment -- Introduction to the treatment program (parents only) -- Laying the groundwork (parents only) -- Child introduction to treatment program -- Family-based treatment -- E/RP modeling -- E/RP introduction to scaffolding -- E/RP using parental scaffolding -- E/RP: mid hierarchy/portability of tools -- E/RP: mid hierarchy/extending strategies -- E/RP: top of the hierarchy/preparation for termination -- E/RP: top of the hierarchy/relapse prevention -- Review/graduation party.

Sommario/riassunto Obsessive-compulsive disorder (OCD) can develop at a young age and

when it does, it can cause significant distress for the child and the family. Parents may be unclear on the nature of OCD symptoms and how to best respond to their child. Family involvement in the child's symptoms may be making the situation worse for the whole family. When treating young children with OCD, it is important to recognize the family component and directly involve parents in treatment. It is also essential to tailor the treatment to a child's age and developmental

level. This therapist guide presents a family-based treatment for OCD specifically designed for children ages 5-8.