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Sommario/riassunto

In order to examine the importance of alternative medicine to the African American population, this book focuses on the African American health belief system and the treatment strategies often used and documented. This book includes a cultural-historical view of alternative medicine's use within the African American community and shows how it was an integral part of African American culture. The author highlights a number of studies that examine alternative and complementary therapies associated with specific diseases among African Americans. Case studies are presented to show the types of alternative and complementary medicines used for specific diseases and to determine whether the alternative and complementary therapy was effective or not. Moreover, the cultural perceptions of the specific disease are presented to provide reasons why African Americans tend to use the particular alternative and complementary medical therapy for the disease. The book serves as a resource guide for students, healthcare professionals, researchers, policymakers, and the general public.

