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Collana	Five Element Acupuncture
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Nota di contenuto	THE HANDBOOK OF FIVE ELEMENT PRACTICE; About the Author; Introduction; 1. The Five Elements; The guardian element; 2. Wood, Fire, Earth, Metal and Water; The five elements and their 12 officials; Introduction to the elements; The Wood element: The guardian element of hope and renewal; The Fire element: The guardian element of relationship; The Earth element: The guardian element of home and hearth; The Metal element: The guardian element of purity; The Water element: The medium of life; The qualities of the elements; 3. Components of Five Element Diagnosis The patient-practitioner relationship The Traditional Diagnosis (TD); TD checklist of questions; Note-taking; Sensory and emotional signatures; Training our senses; The level of imbalance; The causes of disease; 4. Secondary Diagnostic Information; Pulse-taking; Blood pressure; Three jiao; Alarm points; Centre pulse; Akabane test; 5. Treatment; The different stages of treatment; The spacing of treatments; Assessing the effects of treatment; The Law of Cure; The patient's role in treatment ; 6. Acupuncture Points; Specific groups of points; 7. Blocks to Treatment; Possession; Aggressive Energy The Law of Husband-Wife Entry-Exit blocks; Blocks caused by scars; 8. Treatment Techniques; Needling techniques; Moxibustion techniques; 9. Treatment Protocols; The Law of Mother-Child and Sheng and Ke

cycles; Energy transfers; Seasonal and daily treatment cycles; 10. Point Selection; Guidelines for selecting points; List of my favourite points; Example of point selection for first four treatments; Postscript; Blank Page; APPENDIX: TEACH YOURSELF MANUAL

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## Sommario/riassunto

A companion for practitioners of Five Element acupuncture that strengthens the foundation for practice. With detailed outlines of the different components of Five Element diagnosis and treatment, this complete manual will support and invigorate practice. It also includes a Teach Yourself Manual.

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