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Autore	Al Maqbali Mohammed
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Sommario/riassunto	This textbook delves into nursing research's fundamental concepts, methodologies, and applications, equipping novice and experienced researchers with the knowledge and skills necessary to conduct rigorous and impactful studies. Nursing research is a systematic investigation that aims to generate new knowledge, enhance understanding, and contribute to evidence-based nursing practice. It provides a scientific foundation for decision-making, fosters innovation, and promotes delivering high-quality, patient-centered care. This textbook provides a comprehensive overview of research and evidence-based practice in nursing, catering to both nurses and nursing students. It describes the principles, methods, and processes involved in conducting research, critically appraising literature, and implementing evidence-based practice in nursing care. The main topics

addressed include research design and methodology, critical appraisal of research literature, evidence-based practice concepts and processes, translating evidence into practice, disseminating research, and future directions in nursing research. The textbook also highlights the integration of emerging trends and technologies in healthcare research, empowering nurses to stay up-to-date with the latest advancements. Discussing topics like telehealth, big data analytics, and artificial intelligence in the context of evidence-based practice, the book equips nurses to leverage modern tools for improving patient outcomes effectively. Another distinguishing feature of this textbook is its emphasis on real-life case studies and scenarios. Offering practical examples, readers can visualize the application of research findings in different healthcare settings, making the content more engaging and relatable. This approach bridges the gap between theory and practice, promoting a deeper understanding of how evidence-based nursing care positively impacts patient wellbeing. This textbook can help a nursing student embarking on a research journey or an experienced nurse seeking to enhance research skills; it is a valuable resource to guide readers through the exciting and rewarding world of nursing research.

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