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Titolo	Sleep apnea // Information Television Network
Pubbl/distr/stampa	New York, N.Y., : Infobase, [2009], c2007
Descrizione fisica	1 streaming video file (25 min.) : sd., col., digital file
Soggetti	Developmental disabilities Diseases Epidemiology Lungs Respiratory organs - Diseases Respiratory tract diseases Sleep disorders Educational films. Internet videos. Videorecording
Lingua di pubblicazione	Inglese
Formato	Videoregistrazione
Livello bibliografico	Monografia
Nota di contenuto	Health Risks of Sleep Apnea (4:30) -- What Is Sleep Apnea? (3:59) -- Types of Sleep Apnea (2:32) -- Importance of Treatment for Sleep Apnea (1:37) -- Types of Snoring (2:42) -- Sleep Studies for Sleep Disorders (1:54) -- Treatment Options for Sleep Apnea (3:57)
Sommario/riassunto	Over 19 million Americans have obstructive sleep apnea. But the potentially fatal disorder only presents during sleep-so a large number of sufferers remain unaware of the danger. This program explores the causes of OSA and the treatments available for it. Two instructive case studies will help viewers understand and feel comfortable about current diagnostic approaches, including the completion of a polysomnogram or sleep study. With the expertise of Dr. Stephen Scharf, director of the University of Maryland Sleep Disorder Clinic, and Dr. Rosanne Barker of the Barker Sleep Institute, the program illustrates many of the treatments that have turned the "slow death" of sleep apnea into a new

lease on life.
