1. Record Nr. UNINA9910904077603321

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Titolo Jako ycia przedsibiorców. Midzy dobrobytem a dobrostanem /

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Pubbl/distr/stampa ód [Poland], : Wydawnictwo Uniwersytetu ódzkiego, 2019

ISBN 83-8142-499-2

Descrizione fisica 1 online resource (1 p. 382)

Soggetti Social sciences

Psychology

Social psychology and group interaction

Lingua di pubblicazione Polacco

Formato Materiale a stampa

Livello bibliografico Monografia

Sommario/riassunto

The author has extended her research on entrepreneurship to the well-being and health of business people. She proves that determinants of

success depend not only on the economy of actions, but also on the psychological aspect of experiencing quality of life. In this context, Biegaska combines economics with psychology, bringing her work in line with the current research trend called behavioral economics. The publication indicates differences between entrepreneurs and other occupational groups in terms of quality of life. It also contains an analysis of the internal structure of quality of life and discusses the intrinsic and extrinsic determinants of entrepreneurs' prosperity and well-being. So far, no other research on the quality of life of

entrepreneurs in Poland has included such a wide range of explanatory

variables. An important merit of the monograph by Katarzyna

Biegaska is that it shows the psychological mechanism of reaching a particular level of well-being, while pointing out its causative elements. This is important because the research concept applied by the author and the results she obtained provide specific tools for monitoring quality of life and possibly prevent its excessive decline, which is not uncommon for entrepreneurs. From the review by prof. dr hab. Andrzej

Falkowski, SWPS in Warsaw