1.	Record Nr.	UNINA9910896185903321
	Titolo	Peace Psychology and Character Strengths : Integrating Science and Practice / / edited by Ryan M. Niemiec
	Pubbl/distr/stampa	Cham : , : Springer Nature Switzerland : , : Imprint : Springer, , 2024
	ISBN	3-031-66928-2
	Edizione	[1st ed. 2024.]
	Descrizione fisica	1 online resource (400 pages)
	Collana	Peace Psychology Book Series, , 2197-5787
	Disciplina	158.1
	Soggetti	Psychology Community psychology Positive psychology Humanistic psychology Political psychology Behavioral Sciences and Psychology Community Psychology Positive Psychology Humanistic Psychology Peace Psychology
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Nota di bibliografia	Includes bibliographical references and index.
	Nota di contenuto	Section I: Foundations Across the Levels of Peace -- Chapter 1: A Foundation for the Integration of Peace Psychology and Character Strengths: New Science, Emerging Practices -- Chapter 2: Inner Peace and Character Strengths -- Chapter 3: Relational Peace and Character Strengths -- Chapter 4: Intragroup Peace and Character Strengths -- Chapter 5: Intergroup Peace and Character Strengths -- Chapter 6: Community Peace and Character Strengths -- Chapter 7: International Peace and Character Strengths -- Chapter 8: Ecological Peace and Character Strengths -- Section II: Specific Character Strengths to Create Peace -- Chapter 9: Perspective and Curiosity for Peace -- Chapter 10: Courage for Peace -- Chapter 11: Kindness for Peace -- Chapter 12: Justice and Fairness for Peace -- Chapter 13: Humility and Forgiveness for Peace -- Chapter 14: Hope, Gratitude, and Love for Peace --

Chapter 15: Spirituality for Peace -- Section III: The Future: Character Strengths and Peace -- Chapter 16: A Barrierless World: Character Strengths and Peaceful Steps Toward Global Harmony -- Chapter 17: Conclusion: An Integration of the Integration of Peace and Character Strengths.

Sommario/riassunto	In this volume the sciences of peace psychology and character strengths integrate in a substantive way to examine how the positive parts of our personality can contribute and impact each "level" of peace - inner, relational, group, community, international, and ecological peace. Readers will discover a wide range of insights, models, and scholarship; new studies conducted for this volume; and practical strategies to bring greater peace to oneself, one's relationships, and the world. This volume, Peace Psychology and Character Strengths, is a thoroughgoing effort to integrate two areas of psychological inquiry and practice…Ryan Niemiec, the editor of this volume, is a thought leader in the science of well-being and character strengths. He has done a masterful job, bringing together an impressive roster of scholars…the reader of the present volume will be rewarded with a useful methodology and a provocative set of findings to guide the design of future research that explores the relationships between character strengths, peace, and human wellbeing. -From the Foreword, by Daniel J. Christie Is not the language of peace marked with forgiveness, kindness/compassion, and having a larger perspective/wisdom? Is it not layered with constructive dialogue marked by self-regulation (of our egoistic impulses), prudence (thinking before we speak), bravery (to speak to our vulnerabilities), social intelligence (to empathize with the other as human), and love (to value the other as human)? Does it not start with a curious question rather than a defiant statement? Is peace not about every step, every action we take using our perseverance and zest (passion) to steadfastly confront injustice and intolerance and ignorance but also to pursue fairness, open-mindedness, honesty/authenticity, and to do so with humility? -From the Preface, by Ryan M. Niemiec A barrierless world involves all 24 character strengths as instrumental, applicable, and impactful. Guided by such values, humans could develop a barrierless world... -From Chapter 16, by Aghop Der-Karabetian and Raymond F. Paloutzian.