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Nota di contenuto	1. Introduction -- 2. Psychodiagnostic Assessment through Virtual Reality -- 3. Immersiveness and Its Effect in Cognitive Functions -- 4. Cognitive Fatigue and Restorative Effects of Virtual Natural Environments -- 5. Enhancing Motivation in Children with Virtual Reality -- 6. Processing Grief and Emotional Loss through Mindfulness

in Virtual Reality -- 7. Limitations and Future Developments -- 8.
Conclusions.

Sommario/riassunto

This book is an invaluable resource for researchers, practitioners, and enthusiasts interested in unraveling the potential and promises of virtual reality, delving into its applications, challenges, and the exciting path that lies ahead. In the age of rapidly advancing technology, the intersection of psychology and virtual reality (VR) has opened doors to a world of unprecedented possibilities. This introduction sets the stage for an exploration of the potential of virtual reality within the field of psychology and its intriguing relationship with cyberpsychology. In this book, the authors aim to utilize the transformative power of VR to enhance our understanding of the human mind and emotions, ultimately contributing to the betterment of psychological science and the human experience. The ability to simulate environments, elicit emotional responses, and assess cognitive functions in a controlled, replicable manner presents a paradigm shift in psychological research and practice.
