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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Part 1: Food systems, health, sociodemographic and environment -- Food Systems, Subsystem, and Components, and Families -- Micro-Community Food Systems and Au-toethnographic Analysis -- Food Insecurity by Race, Ethnicity, & Dis-parities -- Food Insecurity and Safety Net -- Part 2: Food systems, food advertisements, community engagement -- Impact of the Well-Connected Communi-ties - A Culture of Health Initiative- on Fruitland, Maryland Food Systems -- Food Systems Food Advertisement and Food Quality -- Part 3 Applications/Research Papers toward a more Equitable Food System -- Partnerships to Improve Child Diet Quality and Reduce Food Waste in School Nutrition Pro-gram -- Team-Based Research Collaborations as Venues for Novel Health Interventions -- The Impact of the 1890 Expanded Food and Nutrition Education Program in the Tri-County Area of the Lower Eastern Shore of Maryland 2013-2017 -- Head Start Preschoolers and Origin of Food: Empowering Preschoolers to Become Healthy Lifestyle Messengers Using Stories, Music, Dance, and Visual

Tools.

Sommario/riassunto

While the importance of food to health and well-being is clear, the specific ways in which food systems contribute to individual and community health are not well understood. This is a complex issue, which requires improving food systems as well as changing mindsets and behaviors of individuals within the food system. Many of the food-related health problems in the US disproportionately affect children, women, ethnic minorities, and low-income people. Addressing these problems requires that we understand more about the processes of institutional change, structural conditions, perceptions, and decision-making processes. The environment itself determines much of what individuals can draw from it. Community norms may dictate who has access to food assistance; engaged communities may provide more food assistance and may make food resources more easily accessible for the poor. In addition, consumer and producer attitudes and interests may conflict over some issues surrounding sustainability and health. The present volume focuses on food production, distribution and consumption, and their effects on individual health. The text is divided into three parts: Part One focuses on the relationship between food systems, families, health, sociodemographic and environmental factors; Part Two explores the relationship between food systems, food advertisements, and community engagement; and Part Three discusses current research and interventions toward a more equitable food system.
