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Sommario/riassunto	<p>Communicate more easily and effectively in any situation! Every day, you have the opportunity to interact with people in different areas of your life; in public, at work, and at home, with colleagues and clients, with friends and family. Your ability to exchange ideas and opinions with other people, understand their thoughts, feelings, and point of view and solve problems between you depends on how effectively you're able to communicate. But being understood, and understanding others is not always easy! Communication is a dynamic, complex process, influenced by all the complexities and differences in human motivation and behavior. Communication: How to Connect with Anyone will help you connect with others and build friendships and develop better relationships with colleagues and clients, friends and family. This engaging, practical guide shares everything you need to know to develop empathy and rapport with others, and feel confident about communicating with a diverse range of people.</p>