

1. Record Nr.	UNINA9910160295003321
Autore	Il Dr. Rollan Roberts
Titolo	Born to Dream
Pubbl/distr/stampa	S.l. : Dr. Rollan Roberts II
ISBN	1-62517-354-7
Descrizione fisica	1 online resource (201 p.)
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Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
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Sommario/riassunto	<p>What would you be or do if you knew you could not fail? How would you live if time and money were no object? What are you so passionate about that sleep escapes you? Rollan A. Roberts II dynamically conveys what dreams are, what they are not, and how to achieve yours in Born to Dream. In this powerful, hard-hitting read, Rollan helps you to define your dream, achieve it, and keep it alive. Learn why people give up on their dreams and the attributes of successful dreamers. Born to Dream will bring clarity to your life's purpose and the dreams within you like no other book you've read. Born to Dream will inspire you to pursue your dreams with everything you are, have, and hope to be. This thrilling book is for champions—you were Born to Dream. You will discover:</p> <ul style="list-style-type: none"> • 10 questions you can ask to define your dreams • 7 step play-by-play for achieving your dreams • 10 ways to keep your dream alive • 27 reasons people quit pursuing their dreams • 5 attributes of a champion <p>'Dreams are a form of goal setting. Without our dreams, we have no reason to move forward. Born to Dream motivates its readers to dream big and follow through to reach success.'</p> <p>Shannon Miller Olympic Gymnast</p> <p>This is an eLIVE book. Each printed copy contains a special code redeemable for the free download of the audio version of the book.</p>

2. Record Nr.	UNINA9910886096203321
Autore	Veronese Nicola
Titolo	Psychogeriatrics : A Clinical Guide / / edited by Nicola Veronese, Anna Marseglia
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2024
ISBN	3-031-58488-0
Edizione	[1st ed. 2024.]
Descrizione fisica	1 online resource (114 pages)
Collana	Practical Issues in Geriatrics, , 2509-6079
Altri autori (Persone)	MarsegliaAnna
Disciplina	618.97
Soggetti	Geriatrics Psychiatry Neurology Psychology Behavioral Sciences and Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	1) Anxiety and depressive disorders in older people -- 2) Bipolar disorder in older people -- 3) Alcohol abuse and addiction in older people -- 4) Treatment of the behavioral and psychological symptoms of dementia -- 5) General considerations on psychopharmacology in older people -- 6) Loneliness and psychiatric disorders in older people.
Sommario/riassunto	The book offers a must-have tool primarily for psychiatrists, geriatricians, neurologists, and psychologists, but will also be of interest to general practitioners for first line assessment. The aim of this book is to establish a gold standard: a reference work to be used as a clinical guide to the assessment of mental illness in older persons in the field. Psychogeriatrics is generally a very specific field in the midst of different disciplines, where there is hardly a clinical consensus on how to best assess and treat elderly subjects with mental or behavioral symptoms, possibly resulting from psychiatric disorders. This book provides clear and practical indications, prepared by a panel of international experts in the field with extensive scientific and clinical experience. Boxes with first and second line actions for assessing and treating mental illness in the elderly are included, and all chapters are

uniformly divided into sections on epidemiology, etiopathogenesis, differential diagnosis, assessment, and treatment.
