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Altri autori (Persone)	ChatterjeeIndranath MohamedWael
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Nota di contenuto	1. Pathogenesis of Dementia -- 2. Genetic and Non-Genetic Risk Factors for Dementia -- 3. Symptoms and Diagnosis of Dementia -- 4. Biomarkers in Dementia Research -- 5. Neurocognitive Aspects of Dementia -- 6. Role of Nutrition in Maintaining Brain Health -- 7. Micronutrients for dementia prevention -- 8. Exploring functional foods in prevention of dementia -- 9. Alterations in trace elements and dementia -- 10. Carotenoids in Alzheimer's Disease and Dementia -- 11. Probiotic agents for Alzheimer and dementia -- 12. Traditional Herbal Medicine for Dementia Therapy -- 13. Non-pharmacological approaches for dementia management -- 14. Dietary Recommendations for Managing Dementia.
Sommario/riassunto	The book provides a thorough examination of the crucial connection

between diet, cognitive aging, and dementia using a multidisciplinary approach. It dives into the complex area of neurology, illuminating different forms of dementia, their underlying pathophysiology, and the risk factors related to them. It explains the symptoms, diagnoses, and therapies for dementia. The book explores the effects of dietary elements like protein, micronutrients, and superfoods, demonstrating their potential to protect cognitive function. Additionally, it discusses how critical vitamins like D and B12, natural antioxidants, and trace minerals affect dementia risk and development. The book explains the use of conventional herbal medicine as a supplementary strategy to dementia therapy, evaluating its potential efficacy and safety. The book provides evidence-based advice to professionals, physicians, researchers, nutritionists, and healthcare professionals to understand the nutritional requirements to control dementia.
