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17 Molecular Biology of Bipolar Disorder; 18 Mitochondrial Dysfunction and Oxidative Stress; 19 Neuroendocrinology of Bipolar Illness; 20 Circadian Rhythms and Sleep in Bipolar Disorder; 21 Treatment Adherence in Bipolar Disorder; 22 Acute Mania; 23 Pharmacological Treatment of Bipolar Depression; 24 Practical Pharmacological Maintenance Treatment of Bipolar Disorder; 25 Rapid Cycling Bipolar Disorder: Phenomenology and Treatment; 26 Management of Bipolar II Disorder; 27 Management of Comorbidity in Bipolar Disorder; 28 Bipolar Disorder and Safety Monitoring for Clinicians: A Review of the Evidence and the Implications; 29 Somatic Treatments for Bipolar Disorder: ECT, VNS and TMS; 30 Novel Therapeutic Strategies for Bipolar Disorder; 31 Psychoeducation as a Core Element of Psychological Approaches for Bipolar Disorders; 32 Cognitive-Behavioural Therapy for Bipolar Disorder; 33 Interpersonal and Social Rhythm Therapy for Bipolar Disorder; 34 Family Therapy Approaches to Bipolar Disorder; 35 Collaborative Care for Bipolar Disorder; 36 Bipolar Disorder in Women; 37 Phenomenology and Treatment of Bipolar I Disorder in Children: A Critical Review; 38 Bipolar Disorder in the Elderly; Index; Colour Plates

Sommario/riassunto

Bipolar disorder is the most complex psychiatric disorder with different types of mood episodes, subtypes, varied course, and significant comorbidity. Not surprisingly, this complexity poses unique challenges to clinicians for optimal management of those with bipolar disorder. There has been an explosion of research into the causes and treatment of this condition over the past two decades. It is a daunting task for a practising clinician to make sense of this research and to remain up to date with progress in the understanding of the neurobiology and treatment of bipolar disorder. This book
