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	Altri autori (Persone)	PassmoreJonathan PetersonDavid B FreireTeresa (Teresa Margarida Moreira)
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	Nota di contenuto	1. The psychology of coaching and mentoring / Jonathan Passmore, David B. Peterson, and Teresa Freire -- Section I Coaching -- 2. The efficacy of coaching / Anthony M Grant -- 3. The role of contracting in coaching: balancing individual client and organizational issues / Robert J. Lee -- 4. The development of meaning and identity within coaching / Mary Wayne Bush, Esra Ozkan, and Jonathan Passmore -- 5. Coaching ethics / Rodney L. Lowman -- 6. The neuro-science of coaching / Miles Bowman, Kathleen M. Ayers, Joan C. King, and Linda J. Page -- 7. Mindfulness in coaching: philosophy, psychology or just a useful skill / Michael J. Cavanagh and Gordon B. Spence -- 8. Developmental coaching - developing the self / Tatiana Bachkirova -- 9. Gender issues in business coaching / Sunny Stourt-Rostran -- 10. Team coaching / Alison Carter and Peter Hawkins -- Section II Mentoring -- 11. Designing mentoring schemes for organizations / Paul Stokes and Lis Merrick -- 12. The efficacy of mentoring - the benefits for mentees,

mentors and organizations / Chloe Tong and Kathy E. Kram -- 13. Training mentors - behaviors which bring positive outcomes in mentoring / Robert Garvey and Gunnela Westlander -- 14. Mentoring programs for under-represented groups / Rowena Ortiz-Walters and Lucy L. Gilson -- Section III Theories and models with implications for coaching -- 15. Humanistic/person-centered approaches / Jane Brodie Gregory and Paul E. Levy -- 16. Behavioral coaching / Fiona Eldridge and Sabine Dembkowski -- 17. Cognitive behavioral approaches / Stephen Palmer and Helen Williams -- 18. Motivational interviewing approach / Tim Anstiss and Jonathan Passmore -- 19. Psychodynamic approach / Michael A Diamond -- 20. Gestalt approach / Juliann Spoth, Sarah Toman, Robin Leichtman, and Julie Allan -- 21. Narrative approaches / Reinhard Stellar -- 22. Positive psychology approaches / Teresa Freire -- Section IV Issues in coaching and mentoring -- 23. Conducting organizational-based evaluations of coaching and mentoring programs / Siegfried Grief -- 24. The role of emotions in coaching and mentoring / Kate Hefferon -- 25. Cross-cultural working in coaching and mentoring / Geoffrey Abbott, Kate Gilbert, and Philippe Rosinski -- 26. Virtual coaching and mentoring / Niloofar Ghods and Camala Boyce -- Index.amala Boyce -- Index.

Sommario/riassunto	A state-of-the-art reference, drawing on key contemporary research to provide an in-depth, international, and competencies-based approach to the psychology of coaching and mentoring. Puts cutting-edge evidence at the fingertips of organizational psychology practitioners who need it most, but who do not always have the time or resources to keep up with scholarly research. Thematic chapters cover theoretical models, efficacy, ethics, training, the influence of emerging fields such as neuroscience and mindfulness, virtual coaching and mentoring and more. Contributors include Anthony Grant, David Clutterbuck, Susan David, Robert Garvey, Stephen Palmer, Reinhard Stelter, Robert Lee, David Lane, Tatiana Bachkirova and Carol Kauffman. With a Foreword by Sir John Whitmore.