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1.13.4 The Health Education Trust; 1.13.5 Garden Organic; 1.13.6 Sustain; 1.13.7 Feed Me Better campaign; 1.14 The run up to the 2006 food-based standards and 2008/09 nutrient-based standards; 1.14.1 The School Meals Review Panel; 1.14.2 The School Food Trust; 1.15 Interim food-based standards for school lunches; 1.16 Food-based standards for all other school food and drink; 1.16.1 Breakfast clubs; 1.16.2 Breakfast clubs in Scotland; 1.16.3 Breakfast clubs in Wales; 1.16.4 Breakfast clubs in Northern Ireland; 1.16.5 Vending machines; 1.16.6 Tuck shops; 1.17 Nutrient-based standards; 1.18 Final food-based standards; 1.19 Diverse diets and special dietary needs; 1.20 Target Nutrient Specifications; 1.21 Monitoring the new standards; 1.22 Current system of meals provision; 1.22.1 The dining environment; 1.22.2 The cashless payment system; 1.23 Catering contracts; 1.23.1 Local authority in-house catering; 1.23.2 Local authority contract with a private catering company; 1.23.3 School contract with its own private catering company; 1.23.4 In-house school meals provision; 1.24 Catering staff; 1.25 Expenditure; 1.25.1 School meal expenditure, pre- new standards; 1.25.2 School meal expenditure, post new standards; 1.26 Procurement of school meals; 1.27 Free school meals; 1.27.1 Poverty; 1.27.2 The Hull experience; 1.27.3 The Scottish free school meals campaign; 1.28 The lunch box; 1.28.1 Additional snack foods; 1.29 Food and cooking in the national curriculum; 1.30 School food - post new standards; 1.30.1 Meal uptake; 1.30.2 Catering facilities; 1.30.3 What children choose now; 1.31 Determinants of choice; 1.31.1 Education; 1.31.2 School Nutrition Action Groups; 1.31.3 Peer influence; 1.31.4 Family influence; 1.31.5 Advertising; 1.31.6 What children say; 1.32 Diet and behaviour

Sommario/riassunto

The importance of good nutrition for individual health and well-being is widely recognized, yet for a significant number of people who rely on institutions for food and nutrition, this importance has not always been a primary consideration. People, therefore, may find themselves consuming food they would not ordinarily choose to eat, with, in some cases, restricted choices precluding individual preferences and compromising health. In recent years, there have been major advances in the quality of catering in some areas, particularly schools. Other institutions which have not been thrust into
