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Altri autori (Persone)	CooperCary L QuickJames C SchabracqMarc
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Gender and Work Stress: Unique Stressors, Unique Responses; Chapter 8 Work Experiences, Stress and Health among Managerial Women: Research and Practice; Part III: The Role of Workplace Factors on Health; Chapter 9 The Role of Job Control in Employee Health and Well-Being; Chapter 10 Stress and Careers; Chapter 11 New Technologies and Stress; Chapter 12 Flexibility at Work in Relation to Employee Health; Chapter 13 Acute Stress at Work; Part IV: Supporting Individuals at Work Chapter 14 Management Development for Well-Being and Survival: Developing the Whole Person Chapter 15 Coaching in Organizations; Chapter 16 Women's Coping: Communal Versus Individualistic Orientation; Chapter 17 Employee Assistance Programs: A Research-Based Primer; Part V: Organizational Approaches to Health and Well-Being; Chapter 18 Organizational Culture, Leadership, Change and Stress; Chapter 19 Building Interventions to Improve Staff Well-Being; Chapter 20 Stress and Effectiveness: An Approach for Changing Organizational Culture; Chapter 21 Epilogue; Index

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Sommario/riassunto

Now in its third edition, this authoritative handbook offers a comprehensive and up-to-date survey of work and health psychology. Updated edition of a highly successful handbook Focuses on the applied aspects of work and health psychology New chapters cover emerging themes in this rapidly growing field Prestigious team of editors and contributors

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