Record Nr. UNINA9910876771803321 Autore Jacobelli Frank Titolo Smarthelp for good 'n' angry kids: teaching children to manage anger / / Frank Jacobelli and Lynn Ann Watson New York, : Wiley, 2009 Pubbl/distr/stampa **ISBN** 1-282-30339-2 9786612303395 0-470-74456-1 0-470-74457-X Descrizione fisica 1 online resource (223 p.) Altri autori (Persone) WatsonLynn Ann Disciplina 155.41247 248.845 Soggetti Anger in children Attitude change in children Child rearing Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. SmartHelp For Good 'n' Angry Kids; Contents; About the Authors; Nota di contenuto Foreword: Acknowledgments: 1 Introducing SmartHelp for Good 'n' Angry Kids; 2 Making Sense of Anger; 3 Major Theories about Anger: A Brief, Annotated Guide; 4 Character: Factory Installed or Add-On Equipment?; 5 The Labeling of Children: When Anger Leads to Diagnosis; 6 Reaching and Teaching the Angry Child-And How to Stay Sane in the Process; 7 Learning Styles and Why They Matter; 8 Kaytlin, Thomas, Lena, and Manny: A Few of Our Angry Kids: 9 Before You Begin; Workbook A Logical-Mathematical; This Thing Called Anger Me in the MirrorWalt Learns to Wait; Figuring Out Who I Am; Crack the Cool Code; Bonnie Can Balance; Workbook B Bodily-Kinesthetic; Snack-Food for Thought; Frank Feels the Fire; Counting to Calm; Rockhound

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Appendix I Survey, Scoring page, and Graph-Eight Strengths SurveyAppendix II Answer Guide; Bibliography; Index

Sommario/riassunto

SmartHelp for Good 'n' Angry Kids provides the reader with an innovative tool for determining a child's individual learning strengths, and for pairing this information with specific, carefully crafted activities that teach the child about anger and its appropriate expression. Provides innovative tools for identifying each child's individual learning strengthsIncludes Personalized Learning - providing primary, secondary and tertiary techniques to suit your childA vital supplement to standard psychotherapeutic approaches such as play therapy, cognitive behavio